

# The Village Report

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Glenview Village Hall  
1225 Waukegan Road  
Glenview, IL 60025  
(708) 724-1700

June 1991

To: Postal Customer  
Glenview, IL 60025

## Tips for Family Food Safety

To prevent food poisoning, remember the simple facts: Keep foods **HOT**; Keep foods **COLD**; Keep foods **CLEAN**.

Bacteria causing food borne illness thrives on the same temperature we enjoy. This means that if the room temperature is comfortable for you, it's also keeping the "bug" happy. **HOT** means minimum temperature is 140. **HOT** means keeping foods at room temperature a maximum of 2 hours. **HOT** means thorough reheating of leftovers by stirring during the heating process, whether stove or microwave oven.

**COLD** means 45 degrees maximum for refrigeration. A thermometer should be kept in the refrigerator and checked often. **COLD** means refrigerate fresh meat and poultry in plastic wrap for 1 to 2 days only. For longer storage, use freezer wrap, date the package, place it in the freezer, and use oldest items first. **COLD** means prepare meat and poultry salads by chilling all ingredients before combining. After mixing, store in shallow container which will cool fast under refrigeration. **COLD** means thawing meats and poultry in the refrigerator or in sealed bags in cold water, changing water to keep it cold. **COLD** means when shopping, pick up meat, poultry, and dairy products last, get them home and refrigerate or freeze quickly.

**CLEAN** means washing hands, utensils, platters and countertops with soap and hot water before and after touching raw meat and poultry to prevent contamination between the raw and cooked foods.

**CLEAN** means bandaging any cuts or other sores prior to handling foods. **CLEAN** means keeping pets out of areas where food is being prepared.

**MEAT, POULTRY, SAUSAGE:** Always cook ground meat until brownish-pink in the center. Never serve it raw. Poultry must be cooked completely. Stuff loosely right before roasting to allow heat penetration, or cook stuffing separately from the bird. Store leftover poultry and stuffing in separate bowls within 2 hours after use. Keep lunch meats refrigerated; use within 3 to 5 days after opening. Use frankfurters no later than one week after the "sell by" date printed on the package.

**EGGS:** Use only clean, unbroken eggs for soft-cooked, poached, scrambled eggs, omelets, uncooked salad dressings, ice cream, or soft custard. Cracked or soiled eggs may be used for recipes calling for thorough cooking, such as hard-cooked eggs, baked goods, and casseroles. All eggs and egg-rich foods should be kept refrigerated prior to serving.

**CANNED GOODS:** Do not buy or use cans with these faults: leaking, bulging, severely dented or damaged, cracked jars or jars with loose or bulging lids. If you can food, always use a pressure canner for meat, poultry or vegetables. A boiling water bath, an oven, steamer, or open kettle will not heat products enough to kill the bacteria that cause botulism. Tomatoes, pickled vegetables and fruits may be processed safely in a boiling water bath

because of their high acid levels, but do not use overripe tomatoes for canning since they lose acidity as they ripen. Also follow canning directions carefully, taking all steps in order, with no shortcuts. Always use fresh products, keeping meat and poultry in the freezer or refrigerator. Safely thaw frozen foods before canning, and boil vegetables for 10 minutes prior to canning.

**FREEZER FAILURE:** When power failures occur, try to find out how long it is expected to last by contacting the power company. Keep the freezer door closed. A fully loaded freezer will stay cold enough to keep food frozen for 2 full days. A half-full freezer will only keep food cold for 1 day. Meats that still contain ice crystals may be safely refrozen. Some quality may be lost, but the product is still safe. Throw out any food that has an unusual color or odor. Never refreeze ice cream.

For long outages, use dry ice. 25 pounds placed in the freezer shortly after failure will maintain temperature below freezing for 2 to 3 days in a half-full freezer, and 3 to 4 days in a full freezer (a 10 cubic foot freezer). Never touch dry ice with bare hands. Place it on cardboard on top of packages. Do not open the freezer except to add dry ice or to remove it when power returns.

If you would like additional information about food safety, please contact the Village's Health Department at 724-1700, extension 220 or 221.

## Reminder . . . about signs

As listed in the Village Municipal Code, signs are not permitted to be placed on any public street, alley, or parkway (especially including telephone poles). "Garage Sale" or "Bazaar" signs not to exceed nine (9) square feet in area may be placed in the parkway in front of the residence for a maximum of 3 days. If the residence does not front on a major thoroughfare, a second sign may be placed in the parkway of the closest thoroughfare for the day or days of the sale only.



## Special Olympics Torch Run set for June 9

Special Olympics was created to provide handicapped children with opportunities to compete in Olympic style athletic events. The "games" are supported entirely by charitable donations.

The Glenview Police Department will participate in the 1991 Illinois Law Enforcement Torch Run for Special Olympics on Sunday, June 9. Glenview Officers will carry the Special Olympics Torch over a 3.5 mile segment of the Torch Run that starts at Great America and ends in Springfield, IL.

Anyone wishing to contribute to the Special Olympics may do so through the North Suburban Association of Chiefs of Police, c/o the Chief of Police, Morton Grove Police Department, 6101 Capulina Ave., Morton Grove, IL 60053.

don't  
let  
your  
high  
blood  
pressure  
get  
you  
down

The Village of Glenview and Cook County Department of Public Health present a class of 6 free sessions on factors that affect your blood pressure.

Introduction  
Medication  
Weight/exercise  
Salt/sodium  
Cholesterol  
Stress Management

**Time:** Thursdays,  
1 - 2 p.m.  
July 11, 18, 25, and August 1, 8, and 15

**Place:** Rugen Community Center  
901 Shermer Rd.  
Glenview, IL

To reserve a space or for more information, call (708) 865-6033. Blood pressure will be checked at every class.

## Arbor Day Celebrated

On Wednesday, April 24, the Village of Glenview held its annual Arbor Day ceremony with the planting of a tree at Henking School. Village President James Smirles spoke to the students and teachers about the history of Arbor Day and the importance of tree planting. The tree, which is a three-inch diameter honey locust, was planted as part of the Village's parkway tree planting program in which 681 trees were planted in the Village during the first two weeks of May.

## Tree Watering

When a tree is transplanted, the growth of its roots and the absorption of moisture and nutrients from the soil are interrupted. The tree's survival depends upon the quick root system reestablishment in the new location. Following transplanting, it is necessary to water trees for 2-3 years in order to provide adequate soil moisture while new roots are established. A newly planted tree is most easily watered if a circular mound of soil at least 4 inches high is prepared around the edge of the hole. The mound serves as the dike of a reservoir that should be filled with 6-10 gallons of water at regular 7-10 day intervals during the dry summer growing season.

Watering should be done at the time of planting to settle the soil and to assure adequate moisture. When watering, the reservoir will contain an area adequate to soak the soil of the backfill and that contained in the ball around the roots. Disturbed soils between the curb and sidewalk are frequently high in clay, tend to be compacted, and have poor drainage characteristics. Since roots require both moisture and air in order to function properly, adding large quantities of water frequently to clay soils excludes air from the roots and can result in the tree's death. Daily watering by an automatic sprinkler system should be avoided since it will overwater the tree. Conversely, waiting until the leaves wilt or begin to turn brown before watering can kill the tree.

After the first watering by the village planting crew, water should be provided when there has not been sufficient rain to keep the soil moist. In order to determine whether or not the soil is sufficiently moist, remove a small amount of soil to form a loose ball when squeezed, but not so wet that it forms a mud ball due to saturation.



The photograph above shows Henking School students, teacher Ms. Katrina Klever (front left) with Mr. Tom Powers, Principal (far right), Public Works Administrative Assistant JoAnn Cremer (behind banner) and Village President Smirles at the Arbor Day Tree Planting.

# Senior News

The Coordinator of Senior Services office is located in the Village Hall on the lower level. She is available Monday, Tuesday, and Thursday, 9 a.m. to 4 p.m., for consultation with elderly residents and/or their families. For more information call 724-1700, ext. 232. See the "Senior News" display in the Finance Dept. (upper level) for important literature.

**Nutritional Needs for the Older Adult** will be presented June 27, 1991 at 1 p.m. at the Glenview Senior Center, 901 Shermer Rd. Chris Barr, a registered dietician from Glenbrook hospital will discuss making "healthy" choices in meal planning and "practical" approaches to weight loss. Call 724-4793 if you plan to attend.

**Spousal Impoverishment Levels Increased:** As of Jan. 1, 1991, the amount of assets that can be transferred to a spouse remaining in the community by a person permanently residing in a long-term care facility has been increased to \$66,480, an increase of \$3,900. The income allowance has also increased to \$1,662 per month.

**Maintenance of a Community Residence:** A Medicaid-eligible person temporarily admitted to a long-term care facility may receive a short-term grant in order to maintain his or her community residence under new regulations of the Department of Public Aid. A physician must certify that the individual's stay in the facility is expected to be temporary, six months or less. The regulation applies to persons who do not have a spouse or dependents at home.

# Community Bulletin Board

As space permits, announcements of upcoming nonprofit, nonsectarian, nonpartisan events of interest to a large part of the community will be included. Items for the July issue must reach the Village Hall by noon June 1.

**Glenview Optimist Club "Junior World of Golf Championship"** will be held Sat. June 8. Girls and boys who will be 15 but under 18 on July 20, 1991 can apply. Tee off time is 1 p.m. at the Glenview Naval Air Station Golf Course. To apply, contact your golf coach or Mr. John Barney at 724-5800. Winners and runner's up, both girls and boys, will receive trophies, and advance to the semi-final Optimist District Tournament held in Southern Illinois June 22 and 23rd. District Winners Advance to Torrey Pines, San Diego, CA in July.

**The 10th Annual Allstate Life Healthy American Games** will be held on June 15 at Glenbrook North High School, 2300 Shermer Road, Northbrook, 8 a.m. - 6 p.m. Come join the fun and watch 38 Chicago-area companies battle it out in Olympic-style competition. A number of Glenview residents and employees will be among thousands of participants competing in 20 events, ranging from the serious to the lighthearted. The Healthy American Games has become the single largest annual volunteer fund-raiser for the United States Olympic Committee. Admission is \$4, with all proceeds going directly to the United States Olympic Committee. For more information, call 402-3003.

***"Adult Adoptee Identity Issues: Finding Your Way"***

This is the topic of a new short term discussion group now forming at the Family Service Center of Wilmette, Northbrook, Glenview, and Kenilworth. Joanna Burton, Social Worker and adoptive parent will lead the discussion. Call 251-7350 for more info. or to reserve a place in the group.

The Glenview Public Library, 1930 Glenview Road, 729-7500, offers the following programs and activities:

It's **READING COUNTRY** at the Glenview Public Library this summer with four different reading programs for various ages.

## Glenview Values: How Times Have Changed

A kick-off meeting to launch the program "Glenview Values: How Times Have Changed" will be held at 7 p.m. Thursday, June 27, in the Board Room of the Glenview Village Hall, 1225 Waukegan Road.

Organized by a group of Glenview educators, elected officials, community and religious groups, the program seeks to inform Glenview-area residents of new concerns and to suggest ways in which neighborhoods can reach informed, consensus-based plans of action.

Presentations on how Glenview's character is changing and how neighborhood "coffee" can mobilize public opinion, also will be featured. Representatives of all community organizations are invited to attend. Respond to the Glenview Park District office at 724-5670.

**"Racing for Gold"** for children entering grades K - 5 runs from June 17 to August 10. Read 8 books for the honor roll and prizes;

**Junior High Reading Program** is for those who have completed grades 5 - 8, with prizes and a weekly raffle;

**Gingerbread Read-to-Me Club** (June 24-August 10) for ages 2 - 5 encourages sharing books at home; and,

**Summer Reading Olympics** for High School Students with lots of prizes including a portable CD player. Details at the Information Desk.

More information about all the reading programs is available at the library.

**"Kids who read succeed!"**

## Glenview and SWANCC Pursue Responsible Waste Disposal Solution

For nearly a decade now, Glenview and 25 other communities in our area have been working on an important environmental issue - the growing solid waste disposal crisis. Together, through our participation in an organization called the Solid Waste Agency of Northern Cook County (SWANCC), we have developed a plan to solve the immediate crisis.

That plan calls for reducing and recycling nearly half of all the garbage we generate and disposing of the refuse that cannot be recycled in an environmentally safe new disposal facility called the Northwest Balefill. The 142 acre Balefill facility will be located on a 410 acre site in unincorporated Cook County near Elgin, currently the site of an unreclaimed strip mine.

Implementation of our plan has already produced dramatic results. We are Illinois' recycling leaders, keeping over one-third of our household garbage out of regional landfills. And, during several years of exhaustive review, the Illinois Environmental Protection Agency and county officials have approved the Northwest Balefill, an accomplishment that has not been matched by any other agency, public or private, in the Chicago area in the last decade.

Still much work needs to be done to fully implement our plan. The last hurdle for the Balefill is to secure a permit from the United States Army Corps of Engineers.

Balefill construction involves filling about 14 acres of isolated depressions in the strip-mined site that fill up with standing water, mainly during the spring and summer months. The Corps of Engineers has declared these isolated ponds "navigable Waters of the United States," and filling navigable waters requires a federal permit. Last winter, the Corps of Engineers told SWANCC it would not allow site filling because of its concerns about wildlife habitat on the strip-mined site.

Following a thorough review of the initial decision by the Corps of Engineers, Glenview joined with all of the other SWANCC communities in deciding to seek to address and overcome the Corps' concerns and proceed with development of the Balefill. It is believed that the SWANCC plan for maximum recycling and Balefilling is the most responsible solution available for the region. And, since nearly two-thirds of the Balefill site will be left as protected open space, it is also clear that the need for a safe disposal site and habitat protection can be compatible. Although the recent decision by the U.S. Army Corps of Engineers represents a set back for one aspect of the plan, we are confident the issues raised can be addressed, either through direct talks or administrative review in the courts. The Corps' report on the Balefill dispelled any doubts or questions about the safety of the Balefill and urgent need for the project. The federal report commended the quality of the Balefill design and repeated an earlier determination that the project would not harm water supplies.

The Balefill plan has incorporated many safeguards suggested by both environmental experts and citizens concerned about property values and water and air quality.

It has been noted that abandoning SWANCC's efforts or making major changes in the regional management plan would mean serious delays, major new costs and no assurances that a new proposal would be as safe as the Balefill. We urge you to contact your federal elected officials to ask them to help Glenview and the other SWANCC communities in their effort to move forward with this responsible answer to the solid waste crisis.

### *United States Senators:*

Senator Alan J. Dixon  
331 Hart Senate Office Building  
Washington, DC 20510  
(202) 224-2854

Senator Paul Simon  
462 Dirksen Senate Office Building  
Washington, DC 20510  
(202) 224-2152

### *United States Representatives*

9th District  
Representative Sydney Yates  
2234 Rayburn House Office Building  
Washington, DC 20515  
(202) 225-2111

10th District  
Representative John Porter  
1501 Longworth House Office Building  
Washington, DC 20515  
(202) 225-4835

### *The Village Report*

published monthly since 1967 by the  
Village of Glenview  
1225 Waukegan Road  
Glenview, IL 60025  
(708) 724-1700  
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### **Village Officials**

**Village President, James W. Smirles**

#### **Trustees:**

Robert Browne, Charles K. Esler, Jr.,  
Nancy Firfer, Kent B. Fuller,  
Ralph D. Lynch, David McCreery

Village Manager, Paul T. McCarthy  
Assistant Village Manager, Joe Wade  
Assistant to the Village Mgr., Matt Carlson

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## Vehicle Registration and Pet License Renewal

The 1991-92 Village vehicle registration stickers and animal tags went on sale May 13, 1991. During the first week of May, preprinted applications were mailed to all current holders. Residents are requested to apply by mail so as to avoid long lines. When returning the applications, please return both parts of the form, making any necessary corrections. Remember, the deadline for displaying stickers is June 30, 1991, and penalties apply for late purchases.